



## Voice, Power and Presence with Susan Gregory

**Location:** [Edinburgh Gestalt Institute](#)

**Dates:** 21st & 22nd October 2017 (Two days)

**Cost:** £295

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Susan Gregory, Gestalt therapist and author, is a former president of the New York Institute for Gestalt Therapy.

For over twenty-five years, she has been teaching therapeutic aspects of voice worldwide. Susan's earlier career included being a concert and opera singer at the New York City Opera.

This workshop, *Voice, Power and Presence*, is respectfully participatory. Everyone is welcome, singers and listeners alike.

Breathing, sounding and singing will be explored as vibrantly embodied activities in psychotherapy. For Susan's articles and book chapters on this subject, please see her website [www.GestaltSing.com](http://www.GestaltSing.com)

Sounding activities are always relational, implying sound makers and listeners. In groups, sounds create holding environments, the earliest of which is the aural bond between infant and caregiver. We will explore this in the workshop.

Voice and Self are intrinsically interconnected. In *Voice, Power and Presence* we will experiment with and explain the many ways this is so. Please join us for this exciting weekend.

**This workshop is open to trainee and qualified psychotherapists from any modality.**

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To book – please complete the booking form on the EGI website by clicking [here](#).

Or visit [www.egi.uk.com](http://www.egi.uk.com)